

Sherelyn Zea, Psy.D., MA, NCSP

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Education

Doctor of Psychology (Psy.D.) in School Psychology, GPA: 4.0 *February 2025*
Fairleigh Dickinson University, Teaneck, NJ

P.D. in School Psychology, GPA: 4.0 *January 2016*

M.A. Degree in Educational Psychology, GPA: 3.94 *January 2015*

New Jersey City University, Jersey City, NJ

B.A. Degree in Psychology, GPA: 3.68 *May 2009*

Minors in Spanish & Criminology

Rutgers University, New Brunswick, NJ

Certifications

Temporary Permit to Practice Psychology with Supervision *May 8, 2025 - May 8, 2028*
TP #253-020 (Supervisor: Dr. Lindsay Petouvis)

Nationally Certified School Psychologist *May 2016*

New Jersey Certified School Psychologist *January 2016*

Employment

Post-Doctoral Psychological Fellow *May 2025 - Present*

Mindspring Development Services LLC, Waldwick, NJ

Dumont Public Schools, Dumont, NJ

- Conducts therapy with youth using empirically-supported psychotherapeutic interventions
- Conducts evaluations of children, adolescents, and young adults including psychological, educational, and neuropsychological evaluations
- Consultations provided to families
- Postdoctoral supervision provided by Dr. Lindsay Petouvis, dually board certified by the American Board of Pediatric Neuropsychology & the American Board of School Neuropsychology
- Didactics focus on:
 - General pediatric neurodevelopment
 - Neurodevelopmental trajectory for conditions commonly evaluated
 - Neuropsychological test administration and interpretation
 - Data analysis for different diagnoses
 - Methods of providing feedback to families and stakeholders regarding evaluation findings and/or feedback from the therapy process

Employment (continued)

Pre-Doctoral Psychological Intern

Dumont Public Schools, Dumont, NJ

July 2023 - May 2024

- Pre-Doctoral Supervision provided by Dr. Beth Lancelloti, fellow of the American Academy of School Neuropsychology
- Expanded expertise by incorporating new evaluative instruments into comprehensive assessments and integrating new manualized treatments and tools into therapeutic practice

School Psychologist

Dumont Public Schools, Dumont, NJ

September 2016 – Present

- Develop and implement Individualized Education Programs (IEP), while leading eligibility and IEP meetings
- Consultant on the Intervention & Referral Service Committee to support at-risk youth and provide guidance to staff
- Participate in crisis intervention and conduct risk assessments
- Provide individual and group counseling from preschool to middle school
- Manage a caseload of 40 students from preschool to high school
- Administer, score, and interpret comprehensive psychological evaluations in English and Spanish from preschool to high school
- Develop, evaluate, and monitor positive behavioral supports within the classroom, including behavior plans
- Supervise and coordinate school psychology interns

School Psychologist

Region V, Oradell, NJ

March 2016 – September 2016

- Provided bilingual cognitive evaluations for Spanish-speaking students
- Consulted with case managers to ensure appropriate academic settings for students
- Participated in Child Study Team meetings
- Provided translations for Spanish-speaking families

Pre-kindergarten Teacher

Children's Learning Center, Jersey City, NJ

June 2014 – December 2014

- Worked collaboratively with the other teachers in the Pre-K class to develop both individualized and interest-based curriculums, while utilizing the Reggio Emilia approach to education
- Nurtured and facilitated children's physical, socio-emotional, language/literacy, creative, and cognitive growth through developmentally appropriate practices
- Assessed and documented each child's developmental progress using anecdotal records, running records, documentation panels, and other assessment tools
- Partnered with parents to provide high-quality educational experiences to children, which included: discussing their children's progress in informal conversations and formal conferences, and inviting them to participate in classroom activities
- Supervised work-study students, graduate assistants, student teachers, and other center workers
- Assisted in the evaluation of center staff
- Planned and attended trips and special events with other staff members
- Assisted with processing new child applications and ensured child application materials were complete and updated
- Implemented positive classroom and individualized supports when students exhibited challenging or inappropriate behaviors

Related Professional Experience

School Psychology Intern (1200-hour)

Dumont Public Schools (Pre-K to 12th grade) Dumont, NJ *January 2015 – December 2015*

- Consulted and collaborated with teachers, administrators, and parents
- Participated in Intervention and Referral Services meetings
- Developed, implemented, and evaluated academic/behavioral intervention plans
- Conducted comprehensive evaluations, including cognitive, non-verbal, educational, social-emotional, and social histories in both English and Spanish
- Contributed to IEP development for children with learning, language, and emotional difficulties
- Maintained an individual counseling caseload (preschool to middle school)
- Provided group counseling for children in both elementary and middle school settings that focused on issues of social skills development
- Facilitated home-school communication for at-risk students and connections to appropriate community resources

School Psychology Extern (280-hour)

Children's Learning Center (Pre-K) Jersey City, NJ *June 2015 – August 2015*

- Developed parent resources for families regarding social-emotional and behavioral difficulties, as well as developmental milestones
- Participated in Pyramid Model and Teaching Pyramid Observation Tool (TPOT) training
- Conducted TPOT assessments and consulted with teachers to develop improvement plans, while consulting on an on-going basis to support improvement plans
- Co-led a social skills group on appropriate anger management for students, as well as a parent training group
- Conducted developmental screening assessments
- Participated in Individual Developmental Plan (IDP) trainings and meetings
- Consulted with teachers to develop behavior and/or academic plans, including supporting teachers in its implementation

Honors & Awards

- 2025 Educational Specialist of the Year
- 2018 Educational Specialist of the Year
- 2005 Rutgers University Merit Award – James Dickson Carr Scholarship
- Edward J. Bloustein Distinguished Scholars Award
- Dean's List

Professional Affiliations

- National Association of School Psychologists